

Steve Gray on...

LEADERSHIP

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COACHING WITH EASE...

Coaching is an integral part of great leadership, here are a few points to assist you to coach with ease, after all who wants anything to be difficult...

Coaching with ease...

- **Help people to focus** - The coach makes sure the aim is clear, the objective is attainable and the goals doable. With all these in place the focus is certain.
- **Assist with setting goals where necessary** - For some goal setting and time management is easy for others it's a struggle, the coach figures out which you are and provides ways to get you into alignment with the project at hand.
- **They mentor you because they believe in you** - A mentor is the next step on from being a buddy I guess, a buddy deals in the basics you need to know, a mentor gives you what you want to know to give you the best chance of success in your role.
- **Elegant solutions to challenges** - The coach does not want to take forever getting results from a team or an individual, they want you to get from A to B in a short time frame, NOTE this may not be the shortest distance, but the best distance for you to travel at the time.
- **Listen, a lot** - Coaches know you well, and they want you to succeed, they do that by listening and picking out key things you can work on and acknowledge the great things you do already, but they only know that by listening first.
- **Explore options** - The coach opens doors for people to see options, they find ways to explore possibilities, perhaps by asking "what if" in a positive frame.
- **Sell them in bunches like bananas** - Coaches aim for elegant solutions too, so group sessions where the collective intelligence can be utilised may be a great way to get a result.
- **Understand they may need to be flexible** - No two people are alike, what makes a great solution for one person may not be a good solution for the next. The coach appreciates this and tailors solutions to suit.



Discovering you are living in a world loaded with challenges is sometimes difficult, and over time I have learnt there are some things you can do to make the challenges less of a hassle. I hope the [7 Steps to Leadership Excellence](#) program is able to give you the edge in this challenging world.

"In life there are opportunities to excel, or not... you get to choose." Steve Gray

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